



Mark your calendars for Saturday, November 24th, 2007 when over 300 children, ranging in age from toddlers to age 12, will participate in the HARRA "Just for Kids" Fun Run, in Memorial Park.

The goal of the event, organized by the Houston Area Road Runners Association (HARRA), is to introduce running and fitness as part of a healthy lifestyle. All races are non-competitive and each child will receive a medal for their efforts that day.

- 25 meter Toddler Trot
- 400 meter Fun Run
- 1 km Fun Run
- 2 km Fun Run

With a \$5 entry fee, each child also receives a T-shirt, goodie bag and an invitation to our "post-race party." Children may enroll in a pre-race training sessions manned by our esteemed local running coaches.



Fun Run Information

Fun Run Date and Start Time

Saturday, November 24th at 10 a.m.

Start Location

Memorial Park Picnic Loop
(corner of Memorial Dr. and Picnic Loop E)

Fees

Entry \$5 per child, In-Training Program is free

In-Training Info

Dr Muscle's Just for Kids Fun Run Challenge:
[www.justforkidsfunrun.com/
JFK_fun_run_challenge.pdf](http://www.justforkidsfunrun.com/JFK_fun_run_challenge.pdf)

Contact Information

Chris Rampacek
phone #: 713-748-8686 home/office phone

Early Registration and Packet Pick-up

Nov. 10, 10-2 at REI, 7538 Westheimer
Nov. 17, 12-4 Luke's Locker 1953 W Gray St.

Race Day Registration and Packet Pick-up

Saturday, 8:30-9:45 a.m.

Post Race

Stick around for the post party and enjoy face-painting, moon-walk, and refreshments

Photography:

Run Photography by Raceshots available for purchase online

Race Restrictions

NO PETS ALLOWED IN FUN RUN.
No strollers, no headphones, no rollerblades on the run course.

Make Checks Payable to:

Houston Area Road Runners Association

Mail Registration Form and Payment to:

Just for Kids Fun Run
902 Sprucewood Lane
Houston, TX 77024

Registration Form

For official use only

Participant Run # _____

Child's Name _____

Date of Birth _____ Age _____ Gender M F

Parent/Guardian Name _____

Address _____

City/State/Zip _____

Phone _____

Email _____

(please provide email for event photo information)

Event (please check one):

25 Meter Toddler Trot 400 Meter 1 km 2 km

T-Shirt size (please check one):

Youth x-small Youth small (6-8) Youth medium (10-12)

Adult small Adult medium Adult large

In-Training Program: yes no

if yes, check appropriate date Oct 30 Nov 6 Nov 13

The undersigned is the parent or legal guardian of the minor whose name appears above. I know that running a road race is a potentially hazardous activity. I know that the minor should not enter and run unless medically able and properly trained. I agree to abide by any decision of a race official relative to the minor's ability to safely complete the run. On behalf of the minor for whose benefit I am executing this waiver. I assume all risks associated with running this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself, the minor and anyone entitled to act on my behalf, on the minor's behalf, waive and release the Houston Area Road Runners Association, Houston Parks and Recreation Department, the City of Houston, Houston Marathon Foundation, The Road Runners Club of America, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of the minor's participating in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I further authorize and empower the event director to consent to and authorize any medical care or treatment for the minor which may appear reasonably necessary as a result of an emergency, accident or illness of the minor whether occurring before, during or after the event. I grant permission to all the foregoing to use any photographs, motion pictures, records or any other records of this event for any legitimate purpose. In the event the run is cancelled due to weather or other unusual circumstances beyond the control of the run director, no refunds will be offered.

Date: _____

Parent/Legal Guardian or Legal Custodian Signature